Government of ________ Saskatchewan

Application for Initial SAIL Oxygen Funding

Send the top copy directly to SAIL with attached tests. Copies 2 and 3 may be given to the patient.

Saskatchewan Health Aids to Independent Living

3475 Albert Street, Regina, SK S4S 6X6

Telephone: (306) 787-7121 or 1-888-787-8996 Fax: (306) 787-8679

| | opies 2 and 3 may be | given to the patient. | Date: |
|--|---|-------------------------------------|--|
| Patient Identification | | | |
| Surname: First Name | Initial | Health Services Number: | |
| Address | | Birth Date: | Phone: |
| City, Town, or Village Province | Postal Code | | |
| Prescription: Please complete o | nly the applicable | e section(s) and atta | ach the corresponding test results. |
| Funds a concentrator and 10 portable cylinders per month for patients who are hypoxemic at rest. | Funds 10 portable cylinders per month for patients who are hypox- emic on exertion. (These provide a limited supply for use on exertion.) | | Funds a concentrator for use at night for patients who are hypox- emic while sleeping. |
| Continuous Oxygen | Exertional Oxygen | | Nocturnal Oxygen |
| Rx Flow: lpm | Rx Flow: | lpm | Rx Flow: lpm |
| By: Nasal Cannulae 🛛 | By: Nasal Cannulae 🛛 | | By: Nasal Cannulae 🛛 |
| Other: | Othe | r: | Other: |
| Does this patient have cor pulmonale or polycythemia? | Has this patient had an exacerba- tion, a change of treatment, or a hospitalization related to a cardio- | | Has this patient had an exacerba- tion, a change of treatment, or a |
| Yes 🗆 No 🗆 | | it in the 30 days | hospitalization related to a cardio- pulmonary event in the 30 days prior to testing? |
| | Yes [| □ No □ | Yes 🗆 No 🗆 |
| | | | Diagnosis for which nocturnal oxygen is requested: |
| Current test results must be attac Typically testing should be within For determining eligibility, SAIL d Prescribing Physician | n 48 hours prior to ini | tiation of home oxyger | n therapy. |
| Prescriber's Name | | Prescriber's signature | : : |
| Address | | | |
| City, Town, or Village Province | Postal Code | Date yy/mmm/dd | Telephone Number |
| Physician providing follow-up | (If the renewal should be Telephone | e sent to another physicia | n please specify below.) |
| Address | City, Town, | or Village Province | e Postal Code |
| Patient's Supplier Selection | | | |
| MedigasPrairie OxygenProvincial HA Praxair CompanyLtd.Oxygen In | | VitalAire Patient's S Healthcare | signature: |

2. Supplier (Yellow)

SAIL Oxygen Funding Criteria

Continuous Oxygen – funds a <u>concentrator and 10 portable cylinders</u> for oxygen use 18+ hours daily for patients who are hypoxemic at rest.

In the absence of cor pulmonale or polycythemia Criteria:

The patient, while at rest after being seated for 10 minutes, must have a $PO_2 \le 55$ mm Hg or a pulse oximetry saturation $\le 87\%$ for a minimum of 2 continuous minutes.

With cor pulmonale or polycythemia Criteria:

The patient, while at rest after being seated for 10 minutes, must have a $PO_2 \le 59$ mm Hg or a pulse oximetry saturation $\le 90\%$ for a minimum of 2 continuous minutes.

If oximetry is used to show qualification, both the test on room air and the test on prescribed oxygen must be attached.

Oxygen should be prescribed sufficient to raise the saturation to between 90% and 92%, or to raise the PO₂ to between 60 and 65 mm Hg. Initial coverage is limited to 4 months.

Exertional Oxygen – funds <u>10 portable cylinders</u> per month for oxygen use on exertion. These provide a limited supply for use during exertion.

For exertional oxygen funding, patients must not have been hospitalized for a cardiorespiratory event or had an exacerbation or change of treatment in the 30 days prior to testing. Criteria:

This requires a two part test:

Part 1 is a maximum exercise symptom limited room air test. After being seated for 10 minutes, the patient should use a treadmill, an exercise bicycle, or walk on the level at a comfortable pace. Stop the test with the onset of symptoms. Record the symptoms, the time of onset, and the distance.

Part 2 requires the patient to rest for 10 minutes while receiving 2 litres per minute of oxygen after completing part 1. The patient should then repeat the test in part 1 while using oxygen. Oxygen should be adjusted as needed to maintain the saturation at 90% – 92% during exercise. Stop the test with the onset of symptoms. Record the symptoms, the time of onset, and the distance.

For eligibility for oxygen funding:

- Oximetry on room air must show a pulse oximetry saturation ≤ 87% continuously for a minimum of 20 seconds and
- There must be documentation of improvement in exercise capacity of 20% with oxygen use; that is the onset of symptoms is delayed by at least 20%.

Ideally, oxygen should be prescribed sufficient to maintain the saturation to between 90% and 92% during exertion. Initial coverage is limited to 6 months.

Nocturnal Oxygen – funds a <u>concentrator</u> for oxygen use at night for patients who require oxygen while sleeping.

Criteria for a patient who has not been hospitalized for a cardiorespiratory event or had an exacerbation or change of treatment in the past 30 days. Nocturnal funding applications should only be made for patients whose blood gas or oximetry results do not show qualification for continuous oxygen.

- Nocturnal oximetry testing shall be done both on room air and with supplemental oxygen. Both complete tests and the underlying diagnosis must be included with the application for funding.
- Patients shall demonstrate nocturnal hypoxemia through saturations ≤ 87% on overnight oximetry for a period of more than 30% of the test time. Measured saturation with the application of oxygen therapy should show evidence of significant improvement.
- Benefits may be considered on an exceptional basis when prescribed by a respirologist. Documentation of polysomnography results or other supporting evidence must be provided.

Initial coverage in a stable patient is for up to 1 year.